

CURRENT YEAR:

CURRENT WORD:

WHAT'S THE WORD?

CHOOSING A FOCUS FOR NEXT YEAR

01

List **every** word that comes into your mind as a potential "One Little Word."

02

What do you want to see happen next year?

03

What areas in your life do you feel compelled to work on next year?

04

Based on what you've written above, write your TOP 3 potential words:

05

Take time to consider each of your TOP 3 potential words.



06

The word that resonates with me most is: